

Websites to Support Families

Coronavirus Hotline: 1800 675 398

If you suspect you may have the coronavirus disease (COVID-19) call the dedicated hotline – open 24 hours, 7 days.

Please keep Triple Zero (000) for emergencies only.

Amaze - Autism Information Service: 1300 308 699

8am-7pm Monday - Friday. www.amaze.org.au

Friendline - for people who need to reconnect or just want a chat <http://www.friendline.org.au/>

Information from the NDIS

The NDIS have developed important information about Coronavirus in Easy Read and other Language formats which you can access via this website https://www.ndis.gov.au/understanding/ndis-and-other-government-services/ndis-and-disaster-response?mc_cid=a1100eacd9&mc_eid=d13b266661

Ph: NDIS 1800 800 110

Headspace Narre Warren 1800 367 968

Free online and telephone service that supports young people aged between 12 and 25 and their families going through a tough time.

Beyond Blue is an Australian independent non-profit organisation working to address issues associated with depression, suicide, anxiety disorders and other related mental disorders.

Carers Australia: 1800 242 636

Short-term counselling and emotional and psychological support services for carers and their families in each state and territory.

National Aboriginal Community Controlled Health Organisation (NACCHO)

Aboriginal Community Controlled Health Services and Aboriginal Medical Services in each state and territory.

Centrelink: Ph: 132468